## **Open Donor: Hercules**

## Staff Impression

Hercules is extremely athletic and fit. He maintains his physique with daily workouts that include intensive weight training and cardiovascular exercise. He is tall and has a very clear olive complexion that darkens substantially in the sun. Hercules is always clean cut and keeps his dark brown hair short, showing off his matching big brown eyes. Hercules has full lips that reveal straight, white teeth when he smiles.

Hercules is intelligent and driven, but can be somewhat quiet. Once you get him talking, Hercules is relaxed and witty, making friends easily. He is driven to live a healthy lifestyle and help others to do so by being a trainer focused on not just fitness, but nutrition as well. Hercules is always eager to engage with the staff and is never in a bad mood. Hercules enjoys a close relationship with his family and friends and is extremely dependable. These qualities make Hercules a great addition to the donor program.